



Vegan Plant-based burger with Nutralys T70S (Konjac Version)

RECIPE COMPOSITION

INGREDIENTS	PROPOSED RECIPE INGREDIENTS (%)
Vegetable Stock Solution	53.900
NUTRALYS® T70S-EXP textured pea protein	18.000
CLEARGUM® MB 70 thin-boiling maize starch	5.000
Konjac Powder	2.000
Alkaline Solution pH 11	3.000
Onion (chopped)	5.900
Sunflower oil	5.400
Potato starch, native	2.000
Pregeflo P100	1.000
Pea fiber I50M	3.000
Garlic powder	0.500
Salt	0.200
Pepper, black, ground	0.100
Total	100.000

PROCESS METHOD

1. Soak Nutralys® T70S in vegetable stock solution for 30mins.
2. Shred in Hotmix at Speed 4 for 2 mins. Scrape every 30s.
3. Transfer to Hobart mixing bowl. Mix at speed 1.
4. While mixing, add in onions, powders [konjac, starches, seasoning], and oil.
5. Increase to speed 2 and mix 30s. Ensure homogenously mixed.
6. Shape the burgers into patties (80g).
7. Steam cook in oven at 180°C for 10mins.
8. Cool down and vacuum pack.
9. Blast-freeze at -33°C for 30mins.

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To reheat:

1. Pan-fry with a bit of oil until surface is browned
2. Or oven bake at 180°C for 10mins

INGREDIENTS LIST AND ALLERGENS (INDICATIVE)

Vegetable Stock Solution, textured pea protein (pea protein, pea extract), starch, sunflower oil, Alkaline Water, pea fiber, Konjac Powder, onion, garlic, salt, black pepper.

LABEL OF NUTRITION FACTS (INDICATIVE)

Average nutrition facts (EU)	Per 100 g Proposed recipe	Per 80g Serving
Energy (kcal)	171	136.8
Fat (g)	7.2	5.76
of which saturates (g)	0.9	0.72
Carbohydrate (g)	10.1	8.08
of which sugars (g)	0.6	0.48
of which polyols (g)	0.0	0
Fiber (g)	3.4	2.72
Protein (g)	14.2	11.36
Salt (g)	0.93	0.744

Serving size per patty: 80g

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